

What is important to me?

This worksheet will help you to clarify your personal values so you can get some perspective on how these values may impact your decisions as you move forward. Complete each statement as you feel best describes your value system.

1. Things I value the most in life:

2. Things that give me peace of mind:

3. Contributions I want to make to the world:

4. How I would like for others to perceive me:

5. Issues that concern me:
